

Sai Vibrionics Newsletter

www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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☪ From the Desk of Dr Jit K Aggarwal ☪

Dear Practitioners

I begin by wishing you all a happy new year and a holy Sankranti.

This is a time to rejoice and share our love with everyone. It is also a time when we reflect and recount with gratitude the many blessings that the compassionate Lord has bestowed upon us. It has been a specially blessed year for Sai Vibrionics with many workshops (some are mentioned in the 'In Addition' section) in different parts of the world, the setting up of the Admissions department as well as the Newsletter website for 11 other languages. I express my gratitude to all those who, in response to our plea for help during the year 2015, came forward with generous offers of help with editing and reviewing of cases, translations, data management, website operations and many other tasks that are essential for the running of Vibrionics.

During the year, Swami made us realise the truth "*Love is the Source; Love is the Path; Love is the Goal*". Many times when we were despondent and almost gave up, Swami would send us the inspiration or the right person for the job in hand. One such example is the transformation of the 90 cases of healing presented for His 90th Birthday in the last Newsletter into a beautiful book that we were humbly able to offer to our Lord on His 90th birthday.

This last year also brought the completion of a thoroughly revised new edition of Vibrionics 2004, which had become an invaluable guide for Senior Vibrionics Practitioners in using the Sai Ram Healing Vibration Potentiser. The Head of research^{00002...UK} and her team gathered material for the revision for some years, with greater concentration during the past year. With Swami's Grace, this edition –Vibrionics 2016 – offered at His Samadhi in Prashanthi Nilayam on the 1st of January. The new edition takes into account the many developments in Vibrionics since the first edition was blessed and signed by our Lord 12 years ago. It includes new additions in the Cancers & Tumours category, a much enlarged Miasm section and more information on vaccinations in the Immune System section. More combos for children and infants including new-borns are provided under the Miscellaneous category as well as many other new combos throughout the book. Senior practitioners may obtain their copy directly from our room S4-B1 in the ashram or through their country or state coordinator.

Today, the 15th January in India also marks a time for new beginnings. This day is celebrated as Makara Sankranti. The festival marks the beginning of the apparent northward journey of the Sun to the house of Capricorn in the Zodiac.

In celebrating Makara Sankranti at Prashanthi Nilayam, our beloved Baba used to emphasize the spiritual significance of this auspicious day as a time for sacred resolve. Sankranti is a good time to turn inwards. It is a good time to embark on a new journey of spiritual transformation. The goal of the journey, Swami says, is to discover that the source of happiness lies within us.

In his Makara Sankranti Discourse of 15 January 1996, Baba said, "Sankranti enables man to make this discovery, like a man who, carrying his spectacles on his forehead, searches everywhere for them and discovers to his joy that they have been with him all along. The Divine is not anywhere else. It is enshrined in one's heart. Hence, the man who seeks the Divine within his heart redeems himself. He then attains liberation. All external spiritual exercises are of temporary value. They should be internalized to experience lasting bliss. All mental exercises also leave the heart unaffected. In the nine paths of devotion, beginning with listening to sacred things and ending with total surrender of the self (*Atma-nivedanam*), the last is the most important. After total surrender (*Atma-nivedanam*), there is no need for any other effort. Sankranti gives the call for this total surrender".

May this holy day be a time for happiness and spiritual advancement for us all and may the loving service we offer help to speed our own spiritual transformation.

In loving service to Sai
Jit K Aggarwal

☞ Case Histories Using Combos ☞

1. Chronic Insomnia ^{03532...UK}

A 67-year-old businessman sought treatment for insomnia of ten years' duration. He was fit and active, with a love for walking and traveling. He had a very active mind. As soon as he awoke at night, he would start thinking. Some nights when he felt anxious, he could not sleep at all. He took Melatonin occasionally for sleeplessness but no other medications.

On 19 September 2015, the patient was given:

#1. CC15.6 Sleep disorders...in water, ½ hour before going to bed and if required, another dose just before going to sleep or upon waking at night

The next day he reported that he fell asleep straight away and did not wake up until 7am.

By 12 October, the patient estimated that he was 80% better since he was regularly getting 6 or 7 hours of sleep per night. Given the patient's tendency towards anxiety and his excitable temperament expressed in his habit of speaking loudly at rapid-fire speed, the practitioner changed the combo to:

#2. CC15.1 Mental & Emotional tonic + #1...dosage as before

On 17 November 2015, the patient stated that he felt great and concluded that seven hours of regular sleep at night was as good as it was going to get. He felt he was 100% cured of his insomnia. The patient was asked to continue the dosage for one more week and then start to reduce: 3TW for one week, 2TW for one week, and so on.

The patient's comments:

For over 10 years I have suffered from insomnia, which was very debilitating and made my life difficult as I always felt exhausted and unable to concentrate on my work. I would spend the night working out how to solve problems and then in the morning I was too tired to put my plans into action! Then, if I was really anxious, I would not even be able to get to sleep at all. The first night that I took the vibro remedy I slept straight through until 7am next morning and I felt that I had the best night's sleep ever! Now, I have gone from getting about 4 hours sleep a night (if I was lucky!) to getting a regular 7 hours sleep, which I consider is a good night's sleep and 100% better than it was prior to taking Vibrionics. When I do wake in the night, I am able to go back to sleep very easily. I normally go to bed around 10 pm and wake up around 5am but sometimes I will even fall asleep again until 7.30am! Now, I wake up every day feeling refreshed and am very happy that I no longer spend each day feeling exhausted after a sleepless night.

2. Frozen Shoulder ^{03504...UK}

A woman aged 61 was seen on 3 November 2014 for treatment of stiffness in her right hand and a frozen right shoulder. She had been suffering from the condition about a year, for which she was getting massage therapy but no other treatment. The cause was unknown. She had no other complaints. She was given:

CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscle & Supportive tissue...TDS

When seen about three weeks later on 26 November 2014, she reported 15% improvement. She continued treatment. During her next visit six weeks later, 18 January 2015, she said the condition was

40% better. She went to India afterwards for two months taking a supply of the remedy. On a return visit on 2 May 2015, the patient reported a full recovery. She did not wish to continue with the remedy afterwards.

When the practitioner contacted the patient several months later (9 December 2015), she confirmed that there had been no recurrence.

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3. Pain in hand ^{02854...UK}

On 22 September 2014, a 35-year-old woman came in for treatment of pain in her left hand. The pain had been going on for a week. It felt like nerve pain, with burning and throbbing sensations. As a result, she was not able to use her hand well, which made it especially difficult for her to work in the kitchen. Apart from wrapping the hand in a bandage, the patient did not try any other treatment.

She was given:

CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC18.5 Neuralgia...TDS

The practitioner advised the patient to take the remedy in water but the patient chose to take it in pills.

The very next day, her pain was reduced by 50% and she was able to cut vegetables on a chopping board without much difficulty. In three days, she was 90% better, and her hand was completely healed within a week. The patient continued the remedy **BD** for four more weeks. In a later conversation in January 2015, the patient confirmed that her left hand was normal and the pain had not recurred. The patient was grateful and very happy with the Vibrionics treatment.

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4. Ear Infection in Dog ^{03527...France}

A 12½ -year-old male Belgian shepherd dog, a Tevuren named Tom, developed a severe ear infection in his left ear. Foul-smelling pus oozed from the ear area. His master did not realize the ear problem for the first two days so Vibrionics treatment was administered only on the third day.

On 9 July 2015 Tom was given:

CC1.1 Animal tonic + CC5.1 Ear infections...QDS, in water

The practitioner administered the remedy directly into the dog's mouth, using a syringe. He also cleaned the ear regularly with a solution of magnesium chloride during the first two days of Vibrionics treatment. No other treatment was given.

As early as the second day of treatment, the oozing stopped and the dog felt better. The dosage was reduced to **TDS**. After eight days of treatment Tom was totally cured. The treatment was continued **OW** for another three weeks.

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5. Persistent Flu & Cough ^{02899...UK}

A 64-year-old junior practitioner developed a sore throat and low fever the evening of 17 October 2015 despite the fact that he had been taking preventive doses of the following "winter remedy" to prevent flu and chest infections since 1 October:

CC9.2 Infections acute + CC10.1 Emergencies + CC12.1 Adult tonic + CC15.1 Mental & Emotional tonic + CC19.1 Chest tonic + CC19.3 Chest infections chronic + CC19.5 Sinusitis + CC19.6 Cough chronic + CC19.7 Throat chronic...OD

He increased the dosage and took the remedy twice that evening and then **6TD** from the next day on. At the same time he started taking over-the-counter (OTC) medicines - Paracetamol for fever and Lemsip for cold & flu symptoms. By day 5, he was feeling much better (about 50%). By day 10, he was feeling 90% better although he still had some lingering mild congestion and an occasional cough. He stopped taking the OTC medications and reduced the dosage of the above combo to **OD**.

However, on 22 November 2015 the practitioner got a mild sore throat again. He immediately increased the dosage to **6TD**. The next day, he was stable. But on the second day, he developed flu-like symptoms including a severe cough that prevented him from sleeping well, so he again added Lemsip **QDS**. The winter remedy was not clearing the symptoms although it seemed to prevent the condition from getting worse. He was feeling lethargic and had little appetite.

On 4 December 2015 he consulted his doctor who ordered some tests and told him to continue with the Lemsip and return if he got worse. The next day he did feel worse and started to discharge small amount of blood in the phlegm. During a return visit to the doctor on 7 December, the doctor could find no evidence of a chest or throat infection but prescribed an antibiotic (Amoxicillin) to help quell the cough and sinus congestion. His cough improved by 50% after 3 days and he felt little more energetic. But his bleeding from the cough was on the increase. On 14 December, his doctor diagnosed a viral infection as the most likely cause.

A senior practitioner⁰²⁸⁰²...UK prepared a nosode at 1M potency from a sample of his phlegm. He started taking this on 15 December. He stopped all other treatment and took the nosode twice that day. By the next day he felt 25% better. He continued taking the nosode **QDS** and improved rapidly. He was 50% better by day 2 and 90% better after 5 days with the blood discharge stopping completely.

He continued taking the nosode **QDS** up to 31 December 2015 when he was 99% better. He then reduced the dosage to **BD** with plans to taper off to **OD** on 15 January and stop on 29 January 2016.

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6. Cold, Cough & Fever ^{11520...India}

A 32 year-old-man was seen on 18 April 2015 for emergency treatment of cold & flu symptoms. He had a fever of 102 F (38.9 C) and had been feeling cold and shivering slightly for the past three hours. He also had severe sneezing and severe wet cough. He was keen to have Vibrionics treatment and leave for an important official meeting in a nearby city on the same day. He took no other medication.

The patient was given:

CC9.2 Infections acute + CC15.1 Mental & Emotional tonic + CC19.6 Cough chronic...1 dose every 10 minutes

After taking 3 doses in pill form while in the practitioner's house, the patient felt better and left forthwith without taking the remedy with him.

He called up after 24 hours to express his thanks for the treatment. He said that he felt 100% fit within 4 hours. He was able to attend to his official duties, and did not feel chilled and had stopped shivering and coughing. His temperature was back to normal.

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7. Chronic Recurrent Tonsillitis ^{11567...India}

On 27 March 2015, an 8½-year-old boy suffering from chronic recurrent follicular tonsillitis for 4 years was brought to the practitioner by his mother. During the attacks, which occurred twice a month, the boy experienced throat pain and difficulty in swallowing. He was taking antibiotics at least once a month.

On 3 April 2015 he was started on:

#1. CC12.2 Child tonic + CC15.1 Mental and Emotional tonic + CC19.7 Throat chronic...TDS

For the next 9 days the boy did not have any attacks although he was not taking any antibiotics. However, the practitioner decided to change the combo after discussing the case with a SVP and reviewing a similar case published in the Sai Vibrionics Newsletter (**Chronic Tonsillitis**^{10741...India}, Jul/Aug 2014: Vol 5, Issue 4).

The boy was put on:

#2. CC9.2 Infections acute + CC17.3 Brain and Memory tonic + #1...TDS

He continued to do well on this and much to the delight of his mother, he had no further episodes of tonsillitis till August 2015. By then the mother, who was working full-time and was very busy, had not been giving the combo to the boy regularly, and on 28 August the boy complained of sore throat. The mother gave **#2 in water** once every 10 minutes for 2 hours and then continued **6TD** for 1 week. The boy recovered completely within 5 days. He then continued to take **#2...TDS**.

On 5 December 2015 the mother informed the practitioner that she had run out of vibro but being busy, she hadn't had time to get a refill so the boy had not been given the combo for six days. The supply was reinstated and the mother was strongly advised to continue giving the combo **TDS**. Plans were made to reduce the dosage to **BD** beginning 20 December 2015.

Since starting treatment the boy has not taken any antibiotics. His mother is very happy and thankful to Swami and Vibrionics for her son's good health.

8. Chronic Bedwetting ^{11567...India}

A 5-year-old boy was brought in on 29 March 2015 for treatment of chronic bedwetting. The problem had been going on for 2 years but his parents did not seek any treatment initially as they thought he would grow out of it. The problem was worse during winter, when he would wet the bed every night. During summer, the episodes were less frequent, about twice per week. The boy was a good student, mentally stable and had no other problems. The parents had not taken him to an allopathic doctor or given other treatment.

The boy was advised not to drink water before going to bed at night and was given:

CC13.3 Incontinence + CC15.1 Mental and Emotional tonic...TDS

On 8 April 2015 the boy`s grandmother reported that there had been no further episodes since the boy started the vibro 10 days earlier.

The family were advised to continue the treatment **TDS**. Over the next 2 months, only one incident of bedwetting occurred per month. This was a significant improvement from the previous pattern of at least twice a week during the summer months. The boy`s grandmother attributed the isolated incidents to cold weather and the boy`s drinking water before going to bed. She was very confident and happy that he was completely cured and insisted on reducing the dosage. So from 3 July 2015 the dosage was reduced to **BD**. There was no bed wetting during the next month.

The boy left for the USA on 20 August 2015. On 5 September the dosage was further reduced to **OD**, at night. On 24 November 2015 the grandmother reported that he was doing well and had completely stopped bed-wetting. He was still continuing to take a preventive dosage **OD** as it was winter and quite cold where he lived in America. Further reduction was planned from 24 December 2015 based on updates from his family.

The boy`s family are extremely happy with the positive result of Sai Vibrionics treatment.



9. Dengue fever ^{01228...Slovenia}

In July 2015, a young woman aged 19 visiting Puttaparthi got a mosquito bite which caused a big swollen, itchy red spot on her left leg. The spot remained for some days. As it was the rainy season, she did not pay any special attention to a single mosquito bite. However, after 3 to 4 days she developed high fever, weakness in her whole body, joint pains, headache, and upset stomach that often caused vomiting. She felt so weak that she had to stay in bed for three days. As her condition did not improve regardless of what she tried, she went to hospital where she was diagnosed with dengue fever. She was offered a blood transfusion but refused. She wanted to try vibrionics medicines as she witnessed that they were very effective in treating diseases of her roommates.

She was given:

#1. CC9.2 Infections acute + CC11.3 Headaches + CC21.4 Stings & Bites...every hour, while condition is acute

#2. CC3.2 Bleeding disorders + CC4.6 Diarrhoea + CC9.2 Infections acute + CC9.3 Tropical diseases + CC10.1 Emergencies + CC12.4 Autoimmune diseases + CC20.4 Muscles & Supportive tissue...TDS

#3. Potentised Gold & Ruby 30C + Potentised Amethyst & Platinum 30C...OD

The next day she felt much better. The fever was almost gone, and she started taking some light food without vomiting. After three days` treatment she improved more than 50% and she was able to even participate at the World Conference in Puttaparthi for which she had come.

In addition, she was now given:

#4. CC9.1 Recuperation + CC12.1 Immunity + CC20.2 SMJ pain...TDS

In one week`s time she recovered by 70% and was able to fly back to her country. She still felt weakness in her body but she was confident that she would recover with the vibro medicines she took with her for follow-up treatment.



Practitioner Profiles

Practitioner ^{01228...Slovenia}



is a senior vibrionics practitioner whose tryst with Vibrionics began in 1996 after a personal healing experience. She was so impressed with Vibrionics that she got trained as a practitioner and she did a huge amount of seva on her return to Slovenia (for more details, refer to proceedings of the 1st International Conference of Sai Vibrionics, 2014, pp. 73-78). Right from childhood, her life was filled with sickness and tragedies accompanied by intense suffering such as, two car accidents, broken ribs, spondylitis, concussions, many operations, severe depression, chikungunya, and being short-sighted from birth. She was even hospitalized for 14 months between 2002-2003 and pumped with several different very strong allopathic drugs. The doctors told her she would never be well again. The medical board of Slovenia certified her with 30% disability. Her health problems became so severe that she had to stop working completely, and abandon her promising career as a language translator and teacher as she could only operate at 5% of her physical capability and capacity.

The suffering she endured was not to be in vain. After her long stay at the hospital, when she felt completely helpless, she turned to Bhagawan who lovingly intervened and guided her to move to

Prashanthi Nilayam. In her own words, "My only refuge was Swami who called me back to India. When I packed my luggage to stay for 6 months with my beloved guru Sathya Sai Baba, my suitcase was half full of different allopathic medicines. Looking at them I realized that only in the recent past, I ate more than a suitcase full of chemicals that inevitably caused some undesirable side effects. I was too weak to think of alternative healing methods and the doctors insisted that I take sufficient quantity of medicines since they believed I could not find their substitutes in India. Unpacking my luggage in Puttaparthi I was shocked to see that all the allopathic medicines had disappeared. Immediately I understood Swami's message to go off all the allopathic drugs and instead, take vibrionics and other harmless medicines."

She tried several alternative therapies and ultimately realized that Vibro was the most effective of all. Within 4 years of treatment, her vision improved by 60% and her general health by 80%. She was so inspired by her own case of transformational healing that she decided to work relentlessly for ameliorating the suffering of those struck by illness.



As a Practitioner, she has phenomenal experience of over 14 years during which she developed her own method of conducting Vibro camps efficiently. She together with her husband has seen more than 20,000 patients and organised more than 90 camps, some in the remote Himalayan villages. In the beginning, she used to make comprehensive notes and prepare individual remedies for each patient. Soon she discovered that she did not have sufficient time to attend to **all** the patients. So, she stopped taking detailed notes and made preparations the day before. They would check the 108 bottles in the CC box, refill the half empty ones (the liquid in the bottles diminishes very fast, especially in hot months), fill plenty of plastic bottles with blank sugar pills and prepare additional bottles (for quick dispensing) containing 3 most frequently required combinations:

Body pain combo:

CC3.1 Heart tonic + CC10.1 Emergencies + CC20.1 SMJ tonic + CC20.2 SMJ pain + CC20.3 Arthritis + CC20.4 Muscles & Supportive tissue + CC20.5 Spine + CC20.7 Fractures + CC12.1 Adult tonic to be added on the spot for elderly patients

Cold/Flu combo:

CC9.1 Recuperation + CC9.2 Infections acute + CC19.1 Chest tonic + CC19.3 Chest infections chronic + CC19.5 Sinusitis + CC19.6 Cough chronic + CC19.7 Throat chronic

Student combo:

a. CC12.2 Child tonic for younger children and b. CC17.3 Brain & Memory tonic for older students

The practitioner loves working with children and she writes, "I believe it is important to bring vibrionics to students and show them at their tender age a clean and effective way of healing without side effects. They are still open to implement new ideas and after they have experienced the good effects of the medicine they will remember it all their life and most likely spread it around in their families. It is important to have regular medical camps at their school so they can build confidence in this excellent method of healing.

At the end of June 2015, a young student died of dengue fever at the school where I was teaching Vedas. This loss touched me deeply. I immediately wanted to do something to prevent dengue fever from spreading especially among children since they are most likely to contract the severe form that requires hospitalization and may prove fatal.



The school headmaster asked me whether we could provide some preventive medicine to other students to build up their immunity. Many of them had already developed flu, fever, or colds with the change in weather. I was only too happy to be given this opportunity for service. I myself had contracted chikungunya six years ago. Also, the allopathic medicines used to prevent and treat diseases such as chikungunya or dengue fever are not very effective. Once the patient is infected, the disease may return in some form for several years.

As I had good results in treating five patients with dengue fever the previous year, I felt that Vibrionics

could provide useful protection against it. Together with my husband, I prepared two sets of preventive remedies. The younger students were given the following remedy by their teachers:

#1. CC3.2 Bleeding disorders + CC9.2 Infections acute + CC9.3 Tropical diseases + CC10.1 Emergencies + CC12.1 Immunity + CC12.2 Child tonic + CC20.4 Muscles & Supportive tissue + CC21.4 Stings & Bites + Potentised Gold & Ruby 30C + Potentised Amethyst & Platinum 30C...BD

The students were given the remedy in the morning when they arrived at school and in the afternoon when they were leaving. They were not given their own bottles to prevent them from eating the sugar globules as if they were candy.

The older students were given their *own* bottles (as they were familiar with taking vibro):

#2. CC 3.2 Bleeding disorders + CC 9.2 Infections acute + CC9.3 Tropical diseases + CC10.1 Emergencies + CC12.1 Immunity + CC12.4 Autoimmune diseases + CC17.3 Brain & Memory tonic + CC20.4 Muscles & Supportive tissue + CC21.4 Stings & Bites + Potentised Gold & Ruby 30C + Potentised Amethyst & Platinum 30C...BD

Special efforts were made to educate students about the proper treatment of mosquito bites. Not every mosquito bite is fatal. An infectious bite usually causes reddening, itching, and swelling of the skin. It is advisable to take preventive vibro medicine even before the incubation period of 4 to 7 days is over. In all, more than 800 students and some adults received preventative combos for dengue fever and other remedies for their symptoms. At each school we asked the teachers to give us immediate feedback in case any of their students contracted dengue fever or another contagious disease. We assured them we had some very good treatment for different diseases, especially when in the early stage of development."

Since 2009, she has been involved in organizing a 3-day annual camp during Baba's birthday celebrations at the Prashanthi Nilayam railway station, where an average of 850 patients have been treated each year over the last 7 years! Vibro has become an integral part of her life, and she takes every opportunity to touch the lives of people from all cross-sections of society; including, flower ladies and mendicants outside the ashram, amongst whom she has become the "go-to-person" for all their health problems. She attributes all success to Swami's unconditional love being delivered through her. Her recipe for success is delivering hope to the hopeless – Swami's love in action!



Inspired by her own miraculous healing experience, treating thousands of patients over the years in camps and otherwise, and convinced by the short-comings of allopathic remedies, the practitioner has a steadfast belief that there is no chronic illness or disability out there that cannot be treated with vibro. Additionally, she believes that camps are a great platform for maximum impact in delivering vibro to the underprivileged masses. She aspires to develop and see a First-Aid Vibro box in every public place – an extraordinary vision for an extraordinary mission in Sai’s loving service!

Cases to share:

- [Dengue fever](#)

☞ The Answer Corner ☞

1. Question: *Can a practitioner treat a patient if the practitioner is acutely sick?*

Answer: Yes, it is possible for practitioners to treat patients provided their illness is not contagious and they are not feeling too tired or exhausted. It is important that they are able to think clearly.

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2. Question: *Can two SRHVP machines be placed together?*

Answer: Yes, this is acceptable. However, keep in mind that once a remedy has been prepared, it is kept at least 25 cm (10 in) away from an SRHVP as the powerful magnet in the machine can neutralise the remedy. Similarly, the 108CC box should also be kept at least 25 cm away from the SRHVP.

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3. Question: *Do all patients experience a pullout?*

Answer: No. In our experience, about two out of three patients experience a pullout of toxins but for many people, the pullout is so gradual/mild that they do not feel it much. In some cases, the bodily discomfort from the illness masks the pullout that is occurring. Overall, about one out of every four patients undergoes a noticeable pullout.

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4. Question: *Why do young children not experience any pullout?*

Answer: Young children usually do not experience a pullout because they have not yet accumulated toxins in their system. As they grow older it is important that parents give them a healthy diet, free from additives, and see they live a balanced life. This includes monitoring what children take in through TV, videos, computer games, and other sources.

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5. Question: *Can a black & white photo be used for broadcasting?*

Answer: Some practitioners think that a colour photo may be better but there hasn't been enough research done yet to provide conclusive evidence of this. The picture should not be cut out from a group photo; it should be an individual photo of the patient.

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6. Question: *Could chlorine in water (sometimes evident from its strong smell) reduce the healing power of Vibrionics when remedies are taken in water? The reason for my question is that we advise our patients not to take remedies 20 minutes before or after eating any food because food or beverages other than pure water have their own vibrations which may interfere with the remedies.*

Answer: Common sense tells us that yes, chemical additives could reduce the healing power of vibrionics remedies. Although experiments are yet to be done to verify effect of chlorine on vibrational medicines, avoiding chlorinated water is recommended. In many places purified water without chemicals is available. If you are not sure about the quality of your tap water it would be better to boil and/or filter the water before using it to make vibrionics remedies.

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7. Question: *Can a chronic condition such as pain be treated with more frequent dosage?*

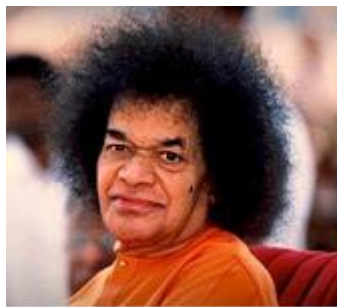
Answer: Yes, frequent doses will stimulate the body to respond more quickly to the remedy. It is recommended to take the remedy in water (5 pills to 200ml) every 30 minutes on the first day and even during the night if the patient is kept awake with pain (or another condition such as itching). Reduce to **6TD** the next day and continue for a few days until there is improvement. Then reduce further to **TDS**. If the symptoms are very bothersome to the patient (regardless of whether the illness is acute or chronic) then start with one dose every ten minutes for two hours.

8. Question: *Can CC9.4 Children's diseases be used after a child has become ill following a childhood vaccination?*

Answer: This depends on the symptoms, use the remedy that addresses the specific acute symptom. A nosode made from the vaccine would be more specific and hence likely to act faster. If there is fever or other symptoms associated with childhood diseases, give CC9.4. If it is a skin problem, give the appropriate combo from category 21, Skin.

9. Question: *If a patient reports no change in his long-standing chronic condition even after being on the vibro remedy for several weeks, do we advise him to persevere for a few months?*

Answer: No because we expect these remedies to work faster than that. Assuming that the patient is taking the remedies properly and no important information got overlooked during consultation, then consider changing the combo after 3 weeks. If, however, the patient wants to continue with the same remedy because he feels good inside, then wait for another week before changing.



☪ Divine Words from the Master Healer ☪

"Today, we are confronted everywhere by statistics parading quantities and reports in glowing terms. Do not bother about adding to the number or achieving a target. I value quality, not quantity. Genuine, intensive devoted service offered in a few villages is more fruitful than casual contacts and superficial service offered to a large number."

...Sathya Sai Baba, "Equipment for Service" Discourse, 21 November 1986

<http://www.sssbpt.info/ssspeaks/volume19/sss19-25.pdf>

"It is essential to observe the principle of moderation in food habits, work and sleep...In fact, moderation is the royal road to happiness. The modern man, who flouts the principle of moderation in every aspect of life, endangers his health and well-being. The food consumed by man should be proper, pure and wholesome. But nowadays people eat whatever they get and wherever they get it, and thereby spoil their health. Food plays a major role in the preservation of health. Care should be taken to see that the food consumed does not have much fat content, for the fats consumed in large quantity are detrimental not only to one's physical health but also to one's mental health. Meat and alcoholic drinks take a heavy toll on man's health, causing many a disease in him."

...Sathya Sai Baba, "Food, the heart and the mind" Discourse, 21 January 1994

<http://www.sssbpt.info/ssspeaks/volume27/sss27-03.pdf>

Announcements

- ❖ **India Puttaparthi:** AVP Workshop 5-8 March 2016, contact Hem at 99sairam@vibrionics.org
- ❖ **India Delhi-NCR:** JVP Workshop 12 Mar 2016 and Annual Refresher Seminar 13 March 2016, contact Sangeeta at trainer1.delhi@vibrionics.org
- ❖ **India Kasaragod, Kerala:** AVP Workshop 25-26 March 2016, contact Rajesh at sairam.rajesh99@gmail.com
- ❖ **India Mumbai:** Refresher Seminar & JVP Workshop 25-26 March 2016, contact Satish at satish281265@yahoo.com
- ❖ **Poland Wroclaw:** National Refresher Seminar 7-8 May 2016, contact Dariusz at wibronika@op.pl

In Addition

First US SVP Workshop, West Virginia, 18-20 September 2015



On the sunny autumn weekend of 18-20 September 2015, the first US workshop to train Senior Vibrionics Practitioners was held near Washington, DC. Mrs and Dr Jit Aggarwal led the workshop for 6 Junior Practitioners, together with the USA-Canada Coordinator⁰¹³³⁹. Two SVPs also attended. Prior to the workshop the JVP students had successfully completed the SVP application followed by a 9-week SVP e-Course study with the Coordinator.

The focus of the workshop was practical training in the use of SRHVP. Topics included how to prepare remedies using simulator cards, making nosodes (including the sun nosode), broadcasting, potentiating allopathic medicines,

allergens and supplements etc. and neutralizing previously prepared remedies. Dr Aggarwal clarified that the SRHVP makes only positive (healing) vibrations; that is, when morbid matter is potentiated, the resulting remedy has healing vibrations only.

Detailed presentations were given on the selection of remedies, pullout, treating miasms, cleansing protocols and the use of the pendulum. Practitioners were reminded about the healing mechanism in Vibrionics – namely, the body heals itself and vibro pearls only activate this healing power.

In addition to receiving SVP training, the practitioners were asked to participate in several experiments and report back the results:

1. When giving a remedy TDS, tell the patient to take the remedy in water every 10 minutes for 2 hours and consider this as the *first* dose of the day, the remaining two doses to be normal. Record the result.
2. When broadcasting with the SRHVP, if 200C potency is not effective then use 1M potency and record the results.
3. Make a nosode (in water) of a diseased leaf taken from a plant infected with fungus or parasite. Multiply this charged water. Use the water on the original plant and also on other infected plants and record the result to find out if nosode of one diseased plant works on all other plants too.

The participants' deemed the workshop a great success. In giving feedback on the training, they commented that the best aspect of the workshop was learning and working together as a group. They found it very helpful to hear other practitioners' experiences and questions. They came for a weekend training programme but it proved to be much more. There was a strong sense of camaraderie and of bonding among practitioners. Everyone was grateful for the warm hospitality offered by the Coordinator and her husband who opened their hearts and their home to the participants. The evening get-togethers at their beautiful home made it possible to continue the day's work in an informal atmosphere.

During the workshop Dr Aggarwal felt that the intensity of the workshop and the packed course work over a 3-day period was quite a challenge. But all the practitioners worked hard and were highly motivated, which was reflected in their high final exam scores. Swami's loving presence was felt among workshop attendees. They knew they were brought together for a higher purpose, to selflessly serve others. In addition to acquiring useful knowledge, they connected with other practitioners to share thoughts, ideas, and laughter outside of class. Everyone felt rejuvenated and was eager to return home to begin helping even more people, animal and plants with Vibrionics.

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Medical Camp, Jakhol, Uttarakhand, India, 21-25 September 2015

A team of three Vibrionics practitioners were invited to participate in a medical camp in Jakhol, a remote Himalayan village in Uttarakhand, 21-25 September 2015. The camp was sponsored by the UK-based charity Better Lives Foundation in collaboration with the Nirmal Ashram Eye Institute, Dehradun, Uttarakhand.

The three practitioners from the UK⁰²⁸⁹⁴, Canada⁰²⁷⁵⁰ and Uttarakhand¹¹¹²¹ treated 1,080 patients in addition to giving general tonics to 350 local students. It was a very rewarding experience for all. Much interest about Vibrionics was generated among the team of allopathic doctors, nurses, paramedics and local organisers. One practitioner took the opportunity to give awareness talks about Vibrionics to the doctors.

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Refresher Workshop, Aluva, Kerala, India, 2 October 2015



Prof E Mukundan along with Dr Pankajakshan lighting the lamp



Inaugural address of Prof E Mukundan

An all-Kerala Vibrionics practitioners' refresher workshop was held in Aluva on 2 October 2015. The workshop was attended by 39 practitioners from various parts of the state. Practitioner¹¹²³¹ led the opening prayers and welcomed the guests.

The chief guest was Prof E Mukundan, the State President of the Kerala Sri Sathya Sai Seva Organisation, who inspired the audience with his inaugural address relating his unique experiences with Swami. In his felicitation speech, Kerala Coordinator⁰²⁰⁹⁰ emphasized the importance of Sai Vibrionics in the current environment. He urged practitioners to avail themselves of the opportunity to serve society through Sai Vibrionics and expressed hope that they would work even more vigorously in the future. Practitioner¹¹²³¹ gave a presentation on Sai Vibrionics and different Poshini (tonics) such as 'Bala Poshini' (Children's tonic) and 'Vidya Poshini' (Student's tonic) etc. He also discussed various health-related topics such as the pH balance of the blood and stress management. The morning session concluded with Practitioner^{11993...India} giving a brief analysis of chakras and their relevance in Sai Vibrionics.

In the afternoon session, the participants were invited to share their case histories and experiences as practitioners. All the participants presented case histories reporting the dramatic cure of diseases in their patients. This was a motivating experience. It was suggested that such workshops be conducted at least once or twice every year.

In his concluding remarks, Kerala Coordinator⁰²⁰⁹⁰ urged all practitioners to resolve to refrain from anger, talking ill of others and unhappiness. He also suggested that monthly district-level meetings be held for

practitioners following the model set by the Ernakulum district. All participants welcomed the suggestion. The workshop concluded with aarti.

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JVP Workshop & Refresher, Pune, Maharashtra, India, 10-11 October 2015



Eleven AVPs and 9 JVPs participated in a training workshop and refresher held in Pune on 10-11 October 2015. The training was organized and led by the Pune Coordinator¹⁰³⁷⁵, who is also a Vibrionics teacher. Other contributors included the Vibrionics teachers^{11422 & 02789} and the Mumbai Coordinator¹⁰⁰¹⁴, who provided valuable information to the trainees.

Prior to the training, all the AVPs had successfully completed the pre-requisite e-course on the JVP manual. The training covered the theory and evolution of Vibrionics and its practical applications. Included among the practical exercises was a group exercise to discuss the importance of documenting case histories and an exercise with sample cases, in which practitioners were asked to prescribe combos along with dose and dosages. The teachers gave helpful insights into Vibrionics practice and shared useful health tips.

On the concluding day, the participants had an interactive Skype session with Dr Aggarwal. The session lasted an hour and a half, by Swami's grace, without any transmission problems.

Later when all the 108CC kits were charged, the whole atmosphere resounded with the chanting of 'Om Sri Sai Ram', generating divine vibrations. Swami's presence was palpable as the divine fragrance of vibhuti wafted through the room. Each practitioner felt truly blessed for the opportunity to serve Swami and returned home with renewed energy to serve their patients.

In feedback about the workshop, practitioners praised the various types of presentations made. One participant wrote, "The learning experience and interaction with other members allowed me to share, learn and grow as a practitioner." Another said, "It was a great way to connect and keep abreast of the latest information on Vibrionics."

Jai Sai Ram!

Sai Vibrionics. . . towards excellence in affordable medicare - free to patients